

Games: May 3-June 16, 2021

Entry Deadline: April 9, 2021

\$15 per person \*non-refundable



# Down East SENIOR GAMES Hybrid 2021

**Please make sure to READ all information on the 2021 Hybrid Senior Games:  
this year will be different & unique**

- 1: The Idea behind our Hybrid Games is that you can participate in DESG completely on your own, while also having the option to participate in person for some events.
- 2: If you choose to participate in person, be prepared to follow the NC COVID-19 governance in place for outdoor gatherings & we will require face masks. DESG will be making safety of the participants and staff our number one priority.
- 3: All in person games will take longer to execute, including multiple days reflected on the calendar. You will receive your event time with your confirmation letter in the mail. No one will receive an event time until registration has been completed.
- 4: Golf & Bowling events will be virtual events only. Participants who wish to compete will: go complete a game/round at whichever course/alley they would like and turn in their scores to DESG before the Deadline of June 4, 2021. \*DESG will not be collecting any extra fees for bowling or golf this year (usually bowling is \$8 per event & golf \$20) instead you will pay the facility directly.
- 5: Unfortunately not all sports can be offered & the following have been cancelled for 2021: Badminton, Billiards & Table Tennis.
- 6: SilverArts participants will have two options to turn in their work, at a drive-thru drop off or by emailing in pictures of their entries. SilverArts will be virtual only- there will be no live performances or gallery this year.
- 7: Everyone Participating will get a virtual games card in the mail. You will put all of your scores or times on this card for VIRTUAL Games & mail it or turn it in on the deadline of June 4, 2021.

**Register online: <https://torchncseniorgames.org/> or mail in registrations to: Rocky Mount Senior Center P.O. Box 1180 Rocky Mount, NC**

# Hybrid DESG

## THINGS YOU NEED TO KNOW WHEN SIGNING UP FOR 2021 DESG:

- ◇ Anything under Hybrid list means you will choose to participate in person or virtually (on your own). **Please pay close attention to the lists provided when registering.**
- ◇ DESG reserves the right to change or alter (a) sport(s) rules, scoring & execution at this time. Some sports WILL be played differently to ensure safety.
- ◇ If you choose to participate in person, **we will require face masks.** Be prepared to follow the NC COVID-19 governance in place for outdoor gatherings.
- ◇ All in person games will take longer to execute- Some events may last hours, you are encouraged to bring your own food, chairs & sanitary items. Some events we may ask you to wait in your vehicles until it is your turn to compete.
- ◇ All Event times, facility addresses, virtual score cards and any additional rules, procedures or maps will be included in your Confirmation Letters- No one will receive an event time until registration has been completed.
- ◇ **Check-in time before events have changed!** Check in for all events starts 10 min prior to the start time that is provided with your confirmation letter- **we will not check in anyone earlier than 10 min.**

## DESG 2021 EVENT LISTS

### Hybrid events:

- Football Throw
- Softball Throw
- Basketball Shoot
- Bocce
- Cornhole
- Croquet
- Horseshoes
- Pickleball: Doubles & Mixed Doubles
- Shuffleboard
- Track- Dashes ONLY
- Running/Standing Jump
- Discus & Shotput

### Virtual ONLY events:

- SILVER-ARTS
- Performing Arts
- Cycling
- 5k Run, Powerwalk & Race Walk
- Bowling
- Golf
- Fun Walk
- Tennis
- Swimming
- Basketball Team
- Pickleball SINGLES only

### Closing Drive-Thru:

This is the only in person only event & the only time the following will be available:

1. 2021 Shirts
2. Medals
3. Pickup for Silver Arts

### CANCELLED events:

- Billiards
- Badminton
- Table Tennis

## DESG 2021 Policy, Procedures & Rules

### For Everyone Participating:

- **DESG is open to persons 50+:** your age as of December 31, 2021 will determine the age category in which you will compete Photo Identification and verification of birthdate are required at each event. We also recommend having personal medical information with you during events in case of emergency.
- Participants must be a North Carolina resident for a minimum of 3 consecutive months of the year
- Competition will be by age and sex divisions as follows: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
- No event will be delayed for latecomers. Match time is forfeit time. No shows - no refunds

### For Sport Participants:

- In doubles events, the age of the younger player is used to determine age group for competition. In team events, the age of the youngest player on team roster determines age group for competition.
- DESG reserves the right to cancel or combine age groups for any event due to insufficient registration.
- Safety and sportsmanlike conduct are paramount. DESG officials have the authority to disqualify, and/or remove anyone who exhibits inappropriate behavior or a condition of medical concern.

### For SilverArts Participants:

- All entries must be original works of the artist. Work must be created after age 50, and within the last 2 years
- Entries are only eligible for judging or display if they have never been entered in any SilverArts competition before: records are kept and your piece will be disqualified if recognized from past competitions.
- Artist's name and title of the work must appear on, or be attached to the entry for identification
- You can review complete instructions and guidelines at: [www.ncseniorgames.org](http://www.ncseniorgames.org) & will be mailed in your confirmation letter
- All items must be dropped off and PICKED UP on the delegated days provided on the events schedule
- **Items not picked up after one year will become property of DESG.**

## Sponsors & Hosts of the 2021 DESG

### Hosts:

Wilson Parks & Recreation Department  
 Rocky Mount Parks & Recreation Department  
 Tarboro Parks & Recreation Department  
 Nash County Recreation & Senior Services  
 Hattie P. Staton Senior Center



**SHIP**  
Edgecombe County



**SHIP**  
Nash County

**Humana.**

# Down East Senior Games Entry Form

Please make a copy of your Registration Form before sending!

## STATEMENT OF RELEASE/LIABILITY WAIVER FOR DOWN EAST SENIOR GAMES

**\*\*\*This Section Must Be Signed by all Participants In Order To Compete - No Exceptions\*\*\***

I, the undersigned participant, hereby agree to indemnify, safe and hold harmless the Down East Senior Games and/or their sponsors, promoters, managers, and operators for my health, safety, or any injury resulting from my participation in and travel to or from the Games.

I have prepared myself for the events which I have entered, by practicing prior to the Games. To the best of my knowledge and belief, I have no physical restrictions which would prohibit my participation in the events I have selected. I have been advised by Down East Senior Games that it would be in my best interest to consult my physician prior to my preparation in the Games. The Down East Senior Games has my permission to have a physician attend me if it is deemed necessary during my participation in the Games. I am covered by hospitalization or medical insurance through a private carrier, Medicaid, or otherwise, which provides for the payment of health care benefits for illness or injury from my participation in the Senior Games.

I, the undersigned participant, grant to Down East Senior Games, the right to use any pictures taken of me during the Games to be held May 3-June 16, 2021 without any remuneration. I, undersigned participant understand that the 2021 Down East Senior Games is non-refundable, that is unless DESG cancels all events including virtual events.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry packet. My State Finals Entry Form must be received in the NCSG office in Raleigh by August 1. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

**SIGN!** Signature \_\_\_\_\_ Date \_\_\_\_\_

**This is my first DESG**

**PLEASE PRINT LEGIBLY** *All participants must be North Carolina residents for a minimum of 3 consecutive months of the year. Age is based off of 12/31/2021*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
FIRST NAME MI LAST NAME AGE DATE OF BIRTH

\_\_\_\_\_  
MAILING ADDRESS CITY COUNTY ST ZIP CODE

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_\_) \_\_\_\_\_ Gender (circle) MALE FEMALE

E-MAIL : \_\_\_\_\_

List any major health problems \_\_\_\_\_

### EMERGENCY CONTACTS

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

**T-SHIRT:** All participants receive a shirt at the Closing Drive-Thru (shirts are in men's sizes).  
**YOU MUST CIRCLE ONE:** SM MD LG X-LG 2X-LG 3X-LG I do not want a shirt  
Closing Drive-Thru: This will be the only time the following will be available: 1.2021 Shirts 2. Medals 3.Pickup for Silver Arts

Return this form **signed and with payment** (check made out to **City of Rocky Mount**) to:

**Entry Fee:** Required for ALL Participants \*non-refundable

\$ \_\_\_\_\_ **\$15** Registration Received on or BEFORE April 9, 2021  
\$ \_\_\_\_\_ **CONTRIBUTION** to Down East Senior Games (tax-deductible)  
DESG Friend:\$1 - \$25 DESG Donor: \$25 +

**\$ \_\_\_\_\_ TOTAL AMOUNT ENCLOSED** MAIL TO: Rocky Mount Senior Center  
You are encouraged to make a copy prior to mailing! PO Box 1180  
Rocky Mount, NC 27804

**Return this page to DESG**

**Continue to the next page...**

**ALL SILVER ARTS Drop-off**  
**April 26, 2021:** in person at Rocky Mount Senior Center & Virtually to allison.barrett@nashcountync.gov



**ALL SILVER ARTS Pick-up**  
**is June 16, 2021** at Closing Drive-Thru Ceremony

Unlike the Sports Competitions, Silver Arts must compete and be placed 1-3 in order to qualify for the North Carolina Senior Games 2021.

**Literary Arts**

\_\_\_\_ **Poem** Title: \_\_\_\_\_  
\_\_\_\_ **Short Story (fiction)** Title: \_\_\_\_\_  
\_\_\_\_ **Essay (not autobiographical)** Title: \_\_\_\_\_  
\_\_\_\_ **Life Experience** Title: \_\_\_\_\_

**Performing Arts**

**NOTE: ALL performances are Solo acts.** Your act must be 3 minutes or less. If it runs over 3 minutes you will be disqualified. Check one or multiple events & make sure to list each act name& song if required:

\_\_\_\_ **Comedy / Drama**    \_\_\_\_ **Dance**    \_\_\_\_ **Line Dance**    \_\_\_\_ **Vocal**    \_\_\_\_ **Instrumental**  
Name of Act: \_\_\_\_\_  
Name of Act: \_\_\_\_\_  
Name of Act: \_\_\_\_\_  
Name of Act: \_\_\_\_\_

**Visual Arts**

**ONE entry per category & one entry per-subcategory:**

**PAINTING -**

1. *Watercolor* Title: \_\_\_\_\_  
2. *Oil* Title: \_\_\_\_\_  
3. *Acrylic* Title: \_\_\_\_\_  
4. *Pastels* Title: \_\_\_\_\_

**DRAWING -** Title: \_\_\_\_\_

**SCULPTURE -**Title: \_\_\_\_\_

**PHOTOGRAPHY(Digital)-** Title: \_\_\_\_\_

**PHOTOGRAPHY (Film) -** Title: \_\_\_\_\_

**MIXED MEDIA** *Mixed Media is using one or more art media types.* Title: \_\_\_\_\_

**Heritage Arts**

**BASKET WEAVING** \_\_\_\_\_      **TOLE/DECORATIVE PAINTING** \_\_\_\_\_  
**CROCHET** \_\_\_\_\_      **WEAVING** \_\_\_\_\_  
**JEWELRY** \_\_\_\_\_      **WOODCARVING** \_\_\_\_\_  
**KNITTING** \_\_\_\_\_      **WOODWORKING** \_\_\_\_\_  
**NEEDLEWORK** \_\_\_\_\_      **WOODTURNING** \_\_\_\_\_  
**STAINED GLASS** \_\_\_\_\_      **POTTERY** *Thrown or Hand built* \_\_\_\_\_  
**QUILTING** *hand stitched* \_\_\_\_\_      **QUILTING** *machine stitched* \_\_\_\_\_

**Miscellaneous** (NON- Sanctioned event)

**NEW!** - Submissions can include: floral arrangements, wreaths, wine&design type paintings, door hangers, colored pictures, DIY Crafts, & any unique non-traditional pieces that may fall into this category. All artwork must still have been completed by yourself- but it is acceptable that items were initially set up for you. (3 entries maximum)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Please indicate the sports you wish to compete in remember some events are virtual only:

RETURN THIS TOP PART with your registration & KEEP the Calendar Below...

**HYBRID events:** Completed on the dates below in person or virtually between May 3-June 4

**May 3 & 4** \_\_\_ Bocce **May 6** \_\_\_ Shuffleboard

**May 10** Track & Field

Circle which distances you wish to compete in for each dash/run:

- \_\_\_ 50 100 200 400 M Dash
- \_\_\_ 800 1500 M Run
- \_\_\_ Discus Throw
- \_\_\_ Shot Put
- \_\_\_ Standing Long Jump
- \_\_\_ Running Long Jump

**May 12** \_\_\_ Croquet **May 13** \_\_\_ Horseshoes

**May 17 & 19** \_\_\_ Cornhole

**May 24**

\_\_\_ Pickleball Doubles Partner \_\_\_\_\_

**May 25**

\_\_\_ Pickleball Mixed Doubles Partner \_\_\_\_\_

You can only participate in ONE of the following Days.  
Choose based off of the location:

**June 3- Wilson**

- \_\_\_ Basketball Shooting
- \_\_\_ Football Throw
- \_\_\_ Softball Throw

**June 4- Rocky Mount**

- \_\_\_ Basketball Shooting
- \_\_\_ Football Throw
- \_\_\_ Softball Throw

**VIRTUAL only events:** complete between May 3-June 4

- \_\_\_ Fun Walk
- \_\_\_ Golf
- \_\_\_ Pickleball Singles
- \_\_\_ Bowling Singles
- \_\_\_ Bowling Doubles Partner \_\_\_\_\_
- \_\_\_ Bowling Mixed Doubles Partner \_\_\_\_\_
- \_\_\_ 5K Run
- \_\_\_ 5K Race Walk
- \_\_\_ 1500M Race Walk
- \_\_\_ 1500M Power Walking
- Cycling \_\_\_ 1 Mile \_\_\_ 5K \_\_\_ 10K
- \_\_\_ Tennis Singles
- \_\_\_ Tennis Doubles Partner \_\_\_\_\_
- \_\_\_ Tennis Mixed Doubles Partner \_\_\_\_\_
- \_\_\_ Basketball Team: Team Name \_\_\_\_\_
- Captain's Name \_\_\_\_\_

**Swimming:** Swimmers may enter up to 6 swimming events!

Circle which distances you wish to compete in for each stroke:

- \_\_\_ 50 100 200 Yd. Backstroke
- \_\_\_ 50 100 200 Yd. Breaststroke
- \_\_\_ 50 100 200 Yd. Butterfly
- \_\_\_ 50 100 200 Yd. Freestyle
- \_\_\_ 100 200 Yd. Individual Medley

**CUT HERE & Turn in the top**

**June 16 Closing Drive-Thru:** This will be the only time the following will be available: 1. 2021 Shirts 2. Medals 3. Pickup for Silver Arts

## 2021 Down East Senior Games Events Schedule

Activity	Date	Location	Activity	Date	Location
Bocce	5/3 & 5/4/21	Gillette Park- Wilson	Horseshoes	5/13/2021	Wedgewood- Wilson
Shuffleboard	5/6/2021	Gillette Park- Wilson	Cornhole	5/17 & 5/18/21	Gillette Park- Wilson
Standing Long Jump	5/10/2021	Fike High School- Wilson	Pickleball Doubles	5/24/2021	Rotary Park- Wilson
Running Long Jump	5/10/2021	Fike High School	Pickleball Mixed Doubles	5/25/2021	Rotary Park- Wilson
Discus & Shotput	5/10/2021	Fike High School	Basketball Shooting	6/3 & 6/4/21	Choose Location when
50, 100, 200 M Dash	5/10/2021	Fike High School	Football Throw	6/3 & 6/4/21	Registering, 6/3- Wilson
800, 1500 M Run	5/10/2021	Fike High School	Softball Throw	6/3 & 6/4/21	6/4- Rocky Mount
Croquet	5/12/2021	Rocky Mount Senior Center			
Silver Arts***	4/26/21	Rocky Mount Senior Center	Virtual Score Cards	DUE 6/4/21	Mail in to DESG- P.O. Box 1180 Rocky Mount, NC 27804

\*\*\* Silver Arts is Virtual Only

- ◇ Anything under the Hybrid list this means you will choose to participate in person or virtually (on your own). Please pay close attention to the lists provided when registering.
- ◇ All virtually completed events must be turned in by June 4, 2021 by mail to: Rocky Mount Senior Center P.O. Box 1180 Rocky Mount, NC 27804
- ◇ All Event times, facility addresses, virtual score cards and any additional rules, procedures or maps will be included in your Confirmation Letters No one will receive an event time until registration has been completed.
- ◇ DESG reserves the right to change or alter (a) sports rules, scoring & execution at this time. Some sports WILL be played differently to ensure safety.
- ◇ If you choose to participate in person, we will require face masks. Be prepared to follow the NCCOMD governance in place for outdoor gatherings.

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Games: May 3-June 16, 2021

Virtual Score Cards Due: 6/4/21

